



Cheshire Rugby Football Union

(EST. 1875)

U16 PDG Physio

Cheshire RFU is seeking a Physio / Pitch-Side Medical Lead to support the Under 16s Girls PDG – Foundation Phase. This role is central to player welfare and ensuring safe, well-managed training environments.

Role Overview

- Sessional contractor role
- Based in Cheshire
- Provides pitch-side medical cover and injury management
- Works closely with coaches, parents, and pathway medical staff

Key Responsibilities

- Provide pitch-side first aid and injury assessment during PDG sessions.
- Manage return-to-play guidance in line with RFU protocols.
- Communicate injury information to parents, coaches, and pathway staff.
- Support player welfare through safe practice and monitoring.
- Maintain medical records for PDG players.

Essential Requirements

- Relevant physiotherapy or sports therapy qualification
- Pitch-side trauma qualification (e.g., PHICIS or equivalent) – can assist towards achieving
- Current DBS
- Experience working with youth athletes

How to Apply

To apply for the role of Cheshire RFU U16 PDG Physio, please submit:

- A CV outlining relevant coaching experience and qualifications
- A covering letter explaining your suitability for the role and your commitment to women and girls' rugby in Cheshire

Please send both documents to: cheshirerfuwomenandgirls@gmail.com