



Cheshire Rugby Football Union

(EST. 1875)

Cheshire RFU Women and Girls Lead Coach

Cheshire RFU is seeking a Women and Girls Lead Coach / U16s PDG Lead Coach to oversee coaching leadership across the county's women and girls' programme and to lead the Under 16s Girls Player Development Group (PDG) – Foundation Phase. This dual role is central to shaping the development environment for female players in Cheshire and supporting their progression into the England Rugby performance pathway.

This position is ideal for someone passionate about women and girls' rugby, talent development, and creating high-quality, player-centred learning environments. The successful candidate will provide strategic coaching leadership across the county while directly leading the U16 PDG Foundation Phase.

Role Overview

- Sessional contractor role
- Based in Cheshire
- Reports to: Cheshire RFU Women and Girls Lead
- Works closely with: PDG coaching team, club coaches, parents/guardians, schools, and regional pathway staff

The Lead Coach will oversee coaching standards across the Cheshire RFU Women and Girls programme and will plan and deliver U16 PDG Foundation Phase sessions, manage player development plans, and help establish a supportive, enjoyable, and aspirational pathway environment.

Key Responsibilities

- **Lead the Cheshire RFU Women and Girls coaching programme** — provide coaching leadership, guidance, and alignment across county activity.
- **Lead U16 PDG Foundation Phase sessions** — plan, deliver, and review high-quality coaching aligned with England Rugby talent principles.
- **Develop and oversee Player Development Plans** — track progress, set goals, and provide feedback to players and parents.
- **Collaborate with club and school coaches** to ensure alignment between PDG activity and wider player development.
- **Communicate with parents/guardians** to support player welfare, expectations, and progression.
- **Create a positive, inclusive pathway environment** that reflects Cheshire RFU values and England Rugby standards.



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- **Work with regional and national pathway staff** to ensure consistency and appropriate challenge for all players.
- **Lead talent identification** across Cheshire clubs and schools.
- **Support strategic growth of girls' rugby** across the county through coach engagement and programme alignment.

Essential Requirements

- ERACA qualification or equivalent
- Current DBS
- Full driving licence
- Experience in talent development environments
- Strong understanding of the girls' age-grade game
- Ability to create safe, inclusive, player-centred coaching environments
- Confident communicator with players, parents, club staff, and county stakeholders

Desirable Attributes

- Experience coaching within the England Rugby pathway
- Knowledge of long-term player development principles
- Experience leading or coordinating multi-team or multi-club coaching environments
- Passion for growing and sustaining girls' rugby in Cheshire

How to Apply

To apply for the role of Cheshire RFU Women and Girls Lead Coach / U16 PDG Lead Coach role, please submit:

- A CV outlining relevant coaching experience and qualifications
- A covering letter explaining your suitability for the role and your commitment to women and girls' rugby in Cheshire

Please send both documents to: cheshirerfuwomenandgirls@gmail.com