# England Rugby 23/24 Coach & Match Official Courses Local to Cheshire

### **TackleSafe Workshops - Summer 23**

Minimum age - 14 years

**Cost - Free** 

The TackleSafe practical course will explore the changes to the legal Tackle Height coming into effect in the community game for the 2023/24 season. Participants will learn about the changes to the law, what the new responsibilities for the tackler and the ball carrier will be and explore best practice in coaching the tackle. Coaches, Match Officials and Players are welcome to attend this course.

Moore RUFC	Monday 21st August	6.30-8.30pm	Tacklesafe Clinic - Moore RUFC
Macclesfield RUFC	Wednesday 23 <sup>rd</sup> August	6.30-8.30pm	Tacklesafe Clinic - Macclesfield RUFC

# Kids First Tag & Contact - Aug-Sept 23

Minimum age - 14 years

Cost - Kids First Tag - £10

Cost - Kids First Contact - £20

**Tag** (U7 & U8s) - This 2 hour course supports the development of active, purposeful, enjoyable and safe tag rugby environments for children. Participants will also learn the rules and practice refereeing tag rugby.

Caldy RC	Wednesday 30 <sup>th</sup> August	6.30-8.30pm	KF Tag - Caldy RC
Sandbach RUFC	Monday 4 <sup>th</sup> September	6.30-8.30pm	KF Tag - Sandbach RUFC
Chester RFC	Monday 11 <sup>th</sup> September	6.30-8.30pm	KF Tag - Chester RFC
Winnington Park RFC	Wednesday 20 <sup>th</sup> September	6.30-8.30pm	KF - Tag Winnington Park RUFC
Stockport RUFC	Thursday 21 <sup>st</sup> September	6.30-8.30pm	KF Tag - Stockport RUFC
Bowdon RUFC	Wednesday 11 <sup>th</sup> October	6.30-8.30pm	KF Tag - Bowdon RUFC

**Contact** – (U9, U10 & New Coaches) - This 2 x 3 hour sessions course will help participants to safely coach and referee the contact areas of the game and it is recommended that everyone coaching or refereeing contact rugby has completed this course.

	Thursday 31 <sup>st</sup> August Thursday 7 <sup>th</sup> September	6.30-9.30pm	KF Contact - Caldy RC
Sandbach RUFC	Wednesday 6 <sup>th</sup> September		KF Contact - Sandbach RUFC

	Wednesday 13 <sup>th</sup> September	6.30-9.30pm	
Chester RFC	Monday 18 <sup>th</sup> September Monday 25 <sup>th</sup> September	6.30-9.30pm	KF Contact - Chester RFC
Winnington Park RFC	Wednesday 27 <sup>th</sup> September Wednesday 4 <sup>th</sup> October	6.30-9.30pm	KF Contact - Winnington Park RFC
Stockport RUFC	Thursday 28 <sup>th</sup> September Thursday 5 <sup>th</sup> October	6.30-9.30pm	KF Contact - Stockport RUFC
Bowdon RUFC	Monday 2 <sup>nd</sup> October Monday 9 <sup>th</sup> October	6.30-9.30pm	KF Contact - Bowdon RUFC

# **England Rugby Coaching Award - Oct 23 - June 24**

Minimum age - 16 years

Cost - £75

Entry point for those coaching U12 and above. Provides the knowledge, skills and attributes to safely and effectively coach young players and adults.

Chester RFC	Sunday 1 <sup>st</sup> October 2023 Sunday 12 <sup>th</sup> May 2024	9am	ERCA - Chester RFC
AJ Bell Stadium	Wednesday 11 <sup>th</sup> October 2023 Wednesday 8 <sup>th</sup> May 2024	9am	ERCA - A J Bell
Trafford MV (Women only)	Monday 16 <sup>th</sup> October 2023 Monday 20 <sup>th</sup> May 2024	9am	ERCA - Trafford MV (Women)
Stockport RUFC	Sunday 22 <sup>nd</sup> October 2023 Sunday 19 <sup>th</sup> May 2024	9am	ERCA - Stockport RUFC
Anselmians RUFC	Tuesday 24 <sup>th</sup> October 2023 Tuesday 28 <sup>th</sup> May 2024	9am	ERCA - Anselmians
Macclesfield RUFC	Sunday 12 <sup>th</sup> November 2023 Sunday 2 <sup>nd</sup> June 2024	9am	ERCA - Macclesfield RUFC
Reaseheath College	Saturday 25 <sup>th</sup> November 2023 Saturday 15 <sup>th</sup> June 2023	9am	ERCA - Reaseheath College

## **England Rugby Refereeing Award - Oct 23 - June 24**

#### Minimum age - 14 years

#### Cost - £75

Competency-based course which provides the knowledge, skills and attributes to safely and effectively referee young players and adults. Develops the learner in a practical based environment.

Chester RFC	Sunday 5 <sup>th</sup> November 2023 Sunday 23 <sup>rd</sup> June 2024	9am	ERRA - Chester RFC
Reaseheath College	Saturday 18 <sup>th</sup> November 2023 Satruday 1 <sup>st</sup> June 2024	9am	ERRA - Reaseheath College

# **Principles of Scrummaging - Oct - Nov 23**

#### Minimum age - 14 years

#### Cost - £10

This 2 hour course explores the England Rugby principles of scrummaging and is designed to help coaches, match officials and volunteers explore recent developments in scrum coaching.

-			
Winnington Park RFC	Monday 16 <sup>th</sup> October	6.30pm	POS - Winnington Park RFC
Stockport RUFC	Wednesday 18 <sup>th</sup> October	6.30pm	POS - Stockport RUFC
Bowdon RUFC	Monday 23 <sup>rd</sup> October	6.30pm	POS - Bowdon RUFC
Sandbach RUFC	Wednesday 25 <sup>th</sup> October	6.30pm	POS - Sandbach RUFC
Caldy RC	Monday 30 <sup>th</sup> October	6.30pm	POS Caldy RC
Chester RFC	Wednesday 8 <sup>th</sup> November	6.30pm	POS - Chester RFC

## Principles of the Lineout - Mar - Apr 24 - TBC

Minimum age - 14 years

Cost - £10

This 2 hour course explores the England Rugby principles of scrummaging and is designed to help coaches, match officials and volunteers explore recent developments in scrum coaching.

