

# CHESHIRE School of Rugby

## Assessment Report:

|  |   |              |   |  |              |
|--|---|--------------|---|--|--------------|
| <b>Name:</b>   | xxxxxx  | <b>Grade</b> | <b>School of Rugby:</b>                                     | Cheshire   | <b>Grade</b> |
| <b>Age:</b>  | Under 16  |              | <b>Academy:</b>   |  |              |
| <b>A</b><br><b>Work rate</b><br><b>Courage</b><br><b>Confidence</b><br><b>Ambition</b> | Generally: makes a genuine effort and displays both interest and motivation in most situations. Shows a developing interest and enthusiasm and is keen to improve his understanding and performance. Will generally stand up and be counted when the pressure | A4           | <b>F</b><br><b>Physical</b>                                 | Is physically able and is capable of asserting himself in match/training situations. Dynamic and fit he demonstrates good speed and agility. Understands the importance of this to his game and maintains a good standard of all round conditioning.           | F4           |
| <b>B</b><br><b>Lead</b><br><b>Perform</b><br><b>Evaluate</b>                           | Is able to implement instructions and explore a variety of outcomes. Is able to improve work as a result of refinement and adaptation. Shows sound problem-solving and decision-making skills. Can lead when asked. Is able to evaluate his performance.      | B3           | <b>G</b><br><b>Defence</b><br><b>and</b><br><b>Tackling</b> | Is able to tackle competently and can put his opposite number to floor. More effective on one shoulder. Will contest for the ball and make turnovers.  | G3           |
| <b>C</b><br><b>Co-</b><br><b>operation</b><br><b>with others</b>                       | Co-operates well with others and participates well in group and individual situations. Shows an awareness of others and is able to work on his own. Generally makes positive contributions. Is able to work sensibly and safely on his own.                   | C4           | <b>H</b><br><b>Handling</b><br><b>and</b><br><b>Running</b> | Generally makes positive contribution as a handler/runner. Spots space and links play. Is often successful 1 v1. Understands/executes overs/unders. Can miss pass effectively and has quick/soft hands as required. Can beat opponents using a variety of foot | H4           |
| <b>D</b><br><b>Coach-</b><br><b>ability</b>  | Is coachable and is receptive to advice and feedback. He shows a good understanding of the game. Generally is assertive, will question if unsure, and wants to improve.   | D4           | <b>J</b><br><b>Contact</b>                                  | Prepares early for contact utilising effective body shape and height. Engages dynamically and produces leg drive. Is capable of winning/securing ball in the contact area.   | J3           |
| <b>E</b><br><b>Success</b><br><b>and</b><br><b>Progress</b>                            | Appreciates strengths and weaknesses of himself and others. Has experienced a satisfactory level of success. Progress has been made but there is room for improvement.  | E3           | <b>K</b><br><b>Game</b><br><b>Sense</b>                     | Generally performs well under pressure. Is a good decision maker who is able to read the game/situation. Willing to take responsibility and understands the laws. Communicates well.   | K4           |

**Comments**

Progressing well. Development plan to include emphasis on ball retention in the contact area and improving tackling skills (both shoulders).

**GRAPH OF CRITERIA SCORES**



|               |  |                            |                 |
|---------------|--|----------------------------|-----------------|
| <b>Coach:</b> |  | <b>Overall Assessment:</b> | STAGE 4 (of 5)  |
| <b>Date:</b>  |  | <b>Recommendation:</b>     | School of Rugby |